



Your Guide To Spring Happenings..

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Wondering what to do in the garden in April, May and June
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Attend a garden workshop to learn Asian Floral Design or create springtime containers
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WATER + LIGHTING TIPS

Irrigation System Start-Up
Properly preparing your irrigation system for use is an important part of protecting your landscaping investment. Start-up services will begin in April.

Pond Maintenance
Monitor ponds for algae growth as temperatures reach above 55 degrees. Call Lifestyle to schedule pond maintenance.

Landscape Lighting Maintenance
Adjust timers for daylight savings schedule.

Pruning Tips
After shrubs have flowered, dead-head spent flowers and perform minor pruning as soon as possible before new buds emerge.

Local Festivals Are a Great Way to Celebrate Spring

The 111th Annual Irrigation Festival

May 5-13th www.irrigationfestival.com
Since 1895 the Irrigation Festival has allowed the citizens of Sequim and the Dungeness Valley to give thanks for the irrigated water that transformed this dry prairie into a bountiful farmland. This celebration includes a parade, pageant, arts & crafts show, logging show, strongman contest and carnival.

Other area festivals:

Tulip Festival

April 1-30th in Skagit County
www.tulipfestival.org

Daffodil Festival

April 22 in Pierce County
www.daffodilfestival.net

Apple Blossom Festival

May 6 in Wenatchee
www.appleblossom.org

Lilac Festival

May 20 in Spokane
www.lilacfestival.org

Port Townsend Rhody Festival

May 15-20
www.rhodyfestival.org



Photo by David R. Quick

Have You Seen This Bus?



Lifestyle is now on buses! If you spot our ads on a bus, let us know. Reported sightings will be rewarded with a prize! File your sighting by emailing us at consult@lifestyle-landscapes.com or by calling us at 206.621.2626.

Garden Calendar

April

Plant peas, carrots, cabbage, asparagus, beets, cauliflower, corn, asters, marigold and zinnias.

Leave short grass clippings to nourish the lawn. Apply a spring fertilizer.

Aerate the lawn now to cut down on the amount of watering required to maintain the lawn this summer.

Replenish soil for over-wintering houseplants to prepare them for outdoor living this summer.

Clean ponds and water features.

May

Remove aphids with a jet of water or in extreme cases with an insecticidal soap. Aphids colonize tender new growth.

Plant vines on trellises, arbors and fences (such as morning glory, clematis and climbing hydrangea).

Avoid nicking the bark when mowing or trimming near trees as this can griddle and kill the tree or leave an entrance for pests.

June

June is an ideal month for shaping evergreens; Junipers, Cypress and Conifers can also be sheared, pinched and pruned.

Stake tall and floppy annuals and perennials for support.

Provide birds with plenty of water this month to keep them away from berries and vegetables.

Mow grass 0.5" higher than in spring to encourage deeper rooting and help protect the grass from heat stress.

Fertilize vegetables and berries with manure, compost tea or organic 5-10-5 fertilizer.

Garden Workshops & Events

April

April 1-30: 23rd Annual Skagit County Tulip Festival www.tulipfestival.org

April 20-23: Puyallup Fair Spring Garden Show-display gardens and speakers www.thefair.com

April 20-23: Basics of Asian Floral Design 6:30-8:30 \$35 www.floraldesigninstitute.com

May

May 2: Springtime Pots des Fleurs Class 6:30-8:30 \$45 www.floraldesigninstitute.com

May 6: Seattle Tilth Edible Plant Sale www.seattletilth.org/events/edibleplantsale2006

May 14: Mother's Day Social at the Bellevue Botanical Garden www.bellevuebotanical.org

May 20: Nature Conservancy's "Open Days" Tour of area gardens www.gardenconservancy.org

June

June 2-4: Point Defiance Flower & Garden Show in Tacoma \$15 www.ptdefianceflowershow.com/

June 3-4: Pike Place Market Street Festival-crafts, entertainment & parade www.pikeplacemarket.org

June 25: Concert in the Japanese Garden at the Washington Park Arboretum, call 206. 684.4725

Don't Miss The Upcoming Garden Tours

Touring local private gardens is a great way to welcome spring and to garner ideas for your own outdoor space.

Queen Anne & Magnolia Garden Tour

When: June 3, 10-4

Cost: \$18 or \$20 day of tour

Sponsored by Seattle Pacific University
www.spu.edu/special/gardentour



Wallingford Garden Tour

When: June 4, 10-4

Cost: \$10

Sponsored by the Wallingford Chamber of Commerce
www.wallingford.org

Vashon Island Garden Tour

When: June 10&11, 11-5

Cost: \$20 for adults, \$8 for children 12 and under

Sponsored by Vashon Allied Arts
www.vashonalliedarts.org



Port Townsend Secret Garden Tour

When: June 17, 10-4

Sponsored by Jefferson County Master Gardeners
<http://jefferson.wsu.edu>

Whidbey Island Garden Tour

When: June 24, 10-4

Cost: \$20 for adults, \$10 for children

www.wigt.org

Thinking About Volunteering With A Local Charity?

Now that the days are getting longer and energy levels are increasing, it is a great time to think about volunteering your time with a local charity. Here are a resources to help identify an organization that is right for you.

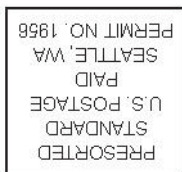
Seattle Works specializes in matching local citizens wanting to volunteer with volunteer opportunities. You can search opportunities by your interests and sign up for a newsletter to keep informed about upcoming opportunities www.seattleworks.org



Volunteer Match is a website connecting volunteers with non-profits in your area
www.volunteermatch.org

Seattle Community Network devotes a section of its website to organizations looking for volunteers
www.scn.org/volunteers

Craigslist has a volunteer section that often has more than a dozen postings a day from local charities looking for volunteers
www.seattle.craigslist.org/vol



Your Guide To Puget Sound Happenings..

Green Spaces Linked to Improved Mental and Physical Health



You most likely would not be reading this newsletter if you didn't value plants but did you know green spaces can lower your blood pressure, reduce mental fatigue and help children cope with Attention Deficit Disorder (ADD)?

Project Evergreen recently compiled data on How Green Spaces Benefit Lifestyles. One study referenced was conducted by the Human Environment Research Library at University of Illinois Urbana. This study tracked kids ages 7-12 diagnosed with ADD and their reaction to 25 different activities taking place indoors, in outdoor paved areas and in outdoor green spaces. The results showed that activities in natural, green settings were far more likely to leave ADD children better able to focus, concentrate and pay attention.

To read the study visit, <http://www.herl.uiuc.edu/kids.html> To learn more about the impact of green spaces on adults, visit www.projectevergreen.com